

Pledges collected by: _____ Phone: _____

Through the generosity of a private sponsor, groups/individuals raising more than \$1,000 in pledges for AMH may be eligible for a \$1,000 grant to the elementary, middle, high school or college/university of their choice. Please list the school below that you or your group wishes to nominate for this grant.

Name of School: _____

	Donor's Name	Mailing Address	City, State, Zip	Amount Donated
1				\$
2				\$
3				\$
4				\$
5				\$
6				\$
7				\$
8				\$
9				\$
10				\$
11				\$
12				\$
13				\$
14				\$
15				\$
16				\$
17				\$
18				\$
19				\$
20				\$

If your company has a Matching Gift program, you can make your donation go even further to benefit Anne-Marie House.

Total

\$

4th Annual
5K Run/Walk



for
Anne-Marie House

**Ending homelessness,
One family at a time**

Sept. 18th

**First Baptist Church
121 Manchester Street
Nashua, NH**

Walk 2:15pm Run 3pm

Register on-line:

<http://annemariehouse.org/5krace/>

Run with Olympians
Joanne Dow, Beijing '08



Walk with friends



End homelessness,
One family at a time



PLUS!!!! Through the generosity of a private sponsor, ten groups (or individuals) raising \$1,000 or more in pledges for Anne-Marie House will also receive a \$1,000 grant for the school of their choice.

You may also register on-line:
<http://annemariehouse.org/5krace/>

1 Entry Form Per Participant

Sign up for:		Fee*
<input type="checkbox"/>	5K Run	\$20 / \$25
<input type="checkbox"/>	5K Walk	\$20 / \$25
<input type="checkbox"/>	Donation Only	\$____.00
T-Shirt: (circle one) S M L XL		
Gender: (circle one) M F Age on 9/18 ____		
Name		
Address		
Town	State	Zip Code
Phone		
Email		
If walking for a school grant, list school name:		
Check Enclosed	\$	_____
Cash Enclosed	\$	_____

Waiver/Release

I have read the entry information provided and the waiver/release and I certify my compliance by my signature below. Entry fees are non-refundable.

Name _____

Date: _____/2011

(Parent or legal guardian if under age 18)

No Refunds

* Fee: \$20 before 9/18, \$25 day of event

**Make checks payable to:
 "Anne-Marie House"
 and mail to**

**Anne-Marie House c/o Jennifer Lorrain,
 180 Lowell Road, Hudson, NH 03051
 603-883-7338, option 5**

**4th Annual
 5K Run/Walk for
 Anne-Marie House**

When:

Sunday, September 18, 2011
 Walk begins at 2:15 PM Run begins at 3PM
 (Registration begins at 1PM)

Where:

First Baptist Church Parking Lot
 121 Manchester Street, Nashua, NH
<http://www.fbcnashua.org/about/directions/>

Amenities and Prizes:

- **T-Shirts** for first 200 registered participants
- **Medals** for top finishers in all age groups.
- **Up to \$10,000 in educational grants** awarded to schools whose walkers and runners (students, parents, faculty and friends) together raise more than \$1,000 in pledges for Anne-Marie House.
- **Entry Fee:** \$20 before 9/18, \$25 race day
- **Register on-line:** <http://annemariehouse.org/5krace/>

Our main event sponsors:

**Evergreen USA, the Friel Family, Chick-fil-A
 Toyota of Nashua, Thrivent Financial,
 The Telegraph**

Our corporate sponsors:

Longhorn Steakhouse of Nashua, Aegis Comfort Systems, Inc., Buckley Disposal Services, Richelieu Club Int'l, Kiwanis Club of Hudson, Hampshire Hills, Lawns of Southern NH, TGI Fridays/Amherst, Myoptic, and Papa Joe's Humble Kitchen

Race timer: 3C Productions

The mission of **Anne-Marie House** is to support the needs of families experiencing homelessness as they work to achieve sustainable income, housing and transportation. We do this by providing safe and secure transitional housing, wholesome meals, transportation, continuing education and other support services, including parenting and financial literacy programs.

Nearly 90 cents of every dollar goes directly to support children and families experiencing homelessness and nearly 90 percent of all families at Anne-Marie House achieve sustainable income, housing and transportation. For more information, please call Jennifer Lorrain, (603) 883.7338, Option 5, write to Anne-Marie House, 180 Lowell Road, Hudson, NH 03051 or email info@annemariehouse.org.

Waiver/Release *Must be signed before mailing

I know that running/walking is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of the event officials relative to my ability to safely participate. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effect of the weather (including high heat and/or humidity), traffic, the conditions of the road, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Anne-Marie House, First Baptist Church ABC, 3C Race Productions, AMH 5K Run/Walk, the City of Nashua, sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I give my full permission to use my likeness in all media, photo, recording or other record of this event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers or strollers, roller skates or blades, and radio headsets are not allowed and I will abide by this guideline. In the unlikely event the run/walk is canceled, all fees will be considered donations to Anne-Marie House. I have read the entry information provided and certify my compliance by my signature below. Entry fees are non-refundable.

Cut on dotted line and return application